

Supplementary Table 1. Heterogeneity between studies for each outcome in the meta-analysis

Outcomes	I^2	P -value
Adjacent segment disease	69	0.01
Fusion rate	87	<0.001
Revision surgery	95	<0.001
Cage subsidence	99	<0.001
Pedicle screw loosening	91	<0.001
Overall complication rate	99	<0.001
Wound complication rate	97	<0.001
Length of stay	99	<0.001
Cost	99	<0.001