

Supplementary Table 5. Treatment satisfaction evaluation (5-point Likert scale)

5-point Likert scale	Experimental group (N=70)	Control group (N=72)	Total (N=142)	P-value
Visit 3 months				0.57
Not at all	0 (0.00)	3 (4.23)	3 (2.17)	
Not like that	1 (1.49)	1 (1.41)	2 (1.45)	
Average	44 (65.67)	43 (60.56)	87 (63.04)	
Yes	15 (22.39)	18 (25.35)	33 (23.91)	
It really is	7 (10.45)	6 (8.45)	13 (9.42)	
Total	67 (48.55)	71 (51.45)	138 (100.00)	
Visit 6 months				0.54
Not at all	0 (0.00)	2 (2.82)	2 (1.42)	
Not like that	2 (2.86)	4 (5.63)	6 (4.26)	
Average	45 (64.29)	42 (59.15)	87 (61.70)	
Yes	15 (21.43)	12 (16.90)	27 (19.15)	
It really is	8 (11.43)	11 (15.49)	19 (13.48)	
Total	70 (49.65)	71 (50.35)	141 (100.00)	